<b>MAY 2023</b>	ELEM
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## **KANAWHA COUNTY SCHOOLS**

_	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Chicken Biscuit Cereal, Fruit, Juice, Milk	2 Super Donut, Cheese Stick Cereal, Fruit, Juice, Milk	3Fruit & Yogurt Parfait w Granola Muffin, Cereal, Fruit, Juice, Milk	4 Mini Cinni's, Cheese Stick Cereal, Fruit, Juice, Milk	5 Sausage Biscuit Cereal, Fruit, Juice, Milk
L	<u>Bacon Cheeseburger</u> ettuce, Tomato, Onion, Pickles Shoestring Fries Baked Beans Fruit & Garden Bar Milk & Water	<u>Turkey &amp; Cheese Wrap</u> Cool Ranch Doritos Garden Salad w Cucumbers & Grape Tomatoes Oreo Cookies Fruit & Garden Bar Milk & Water	<u>Pulled Pork BBQ Sandwich</u> <u>with Coleslaw</u> Carrot Sticks w Hummus Dip Potato Wedges Baked Beans Fruit & Garden Bar Milk & Water	<u>Pepperoni Roll</u> String Cheese Steamed Corn Fresh Broccoli w Dip Fruit & Garden Bar Milk & Water	Beef Soft Taco Shredded Lettuce, Diced Tomatoes, Shredded Cheese, Sour Cream, Taco Sauce Tostitos Scoops & Salsa Cheesy Refried Beans Fruit & Garden Bar Milk & Water
8	Biscuits & Sausage Gravy Cereal, Fruit, Juice, Milk	9 Chicken Waffle Sandwich Cereal, Fruit, Juice, Milk	10 Powdered Donuts, Yogurt Cereal, Fruit, Juice, Milk	11 Fruit Smoothies: Orange Sunshine, Banana Bread, Cereal, Fruit, Juice, Milk	<b>12</b> Pancake on a Stick, Syrup, Yogurt, Cereal, Fruit, Juice, Milk
	<u>Pepperoni Pizza Wedge</u> Steamed Corn Caesar Salad w Croutons Fresh Red Grapes Fruit & Garden Bar Milk & Water	<u>Chicken Alfredo on Noodles</u> Steamed Broccoli Buttered Garlic Toast Caesar Salad Fruit & Garden Bar Milk & Water	<u>Fish Sticks</u> Macaroni & Cheese California Blend Veggies Fresh Fruit Mix Fruit & Garden Bar Milk & Water	<u>Sloppy Joe on WG Bun</u> Creamy Coleslaw, Steamed Carrot Coins Fresh Pear Fruit & Garden Bar Milk & Water	<u>Chicken Drumstick</u> Au Gratin Potatoes Green Beans WG School Made Roll Cinnamon Applesauce Fruit & Garden Bar Milk & Water
1	5 Breakfast Bagel Cereal, Fruit, Juice, Milk	16 Honey Bun, Cheese Stick Cereal, Fruit, Juice, Milk	17 Egg & Cheese Biscuit Cereal, Fruit, Juice, Milk	18 School Made Cinnamon Roll Cereal, Fruit, Juice, Milk	19 Apple Frudel, Yogurt Parfait, Cereal, Fruit, Juice, Milk
	<u>Salisbury Steak w Gravy</u> Mashed Potatoes Green Beans Applesauce WG School Made Roll Fruit & Garden Bar Milk & Water	<u>Cheeseburger on WG Bun</u> Lettuce, Tomato, Onion Smile Potato Rounds California Blend Veggies Fruit & Garden Bar Milk & Water	<u>Crispy Chicken Sandwich</u> Lettuce, Tomato, Onion Sweet Potato Fries Baked Beans Blueberry Crisp Fruit & Garden Bar Milk & Water	<u>Spaghetti w/ Meat Sauce</u> Stuffed Breadstick Romaine Salad with Spinach and Grape Tomatoes Steamed Broccoli Fresh Red Grapes Fruit & Garden Bar, Milk & Water	<u>Breakfast for Lunch</u> Sausage Patty, Biscuit & Gravy Hash Rounds, Yogurt Cup Scrambled Eggs Baked Cinnamon Apples Fruit & Garden Bar Milk & Water
22 Y	2 Maple Snackn' Waffles ogurt, Cereal, Fruit, Juice, Milk	23 Cinnamon Toast Crunch Bread, String Cheese, Cereal, Fruit, Juice, Milk	24	25 Last Day of School	
	<u>Chicken Nuggets</u> Potato Casserole Garden Salad w Broccoli & Grape Tomatoes Chocolate Chip Cookie Fruit & Garden Bar Milk & Water	<u>Hot Dog on WG Bun</u> Chili Sauce, Coleslaw Tater Tots Apple Slices Fruit & Garden Bar Milk & Water	Cook's Choice Day	Cook's Choice Day	Menu subject to change due to availability