

FOOD ALLERGY FACT SHEET

Common Questions: Child Nutrition Staff

What should I do if I make an error when preparing food for a student with a food allergy?

If you make an error, notify your supervisor or manager as quickly as possible. If they are not available notify the school office.

What should I do if a student with a food allergy complains of symptoms, but looks fine?

Take all complaints from a child with food allergies seriously. Notify your school nurse or office immediately.

What should I do if I notice a student with food allergies being bullied?

Teasing or taunting a student with food allergies should never be allowed. Report all incidents to your manager or school office immediately.

How can I be prepared if a student has a severe allergic reaction?

Attend any food allergy training that is offered and know the symptoms of a severe allergic reaction. Be familiar with the food allergy action plan of each student with food allergies.

Can exposure to a very small amount of allergen really cause a reaction?

Yes. Even a very small amount of an allergen has the potential to cause severe allergic reactions.

Are pot holders and oven mitts sources of cross-contact?

Yes. Use only dedicated pot holders and oven mitts when making allergen-free food items. Wash hands after using pot holders and oven mitts.

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