

KANAWHA COUNTY BOARD OF EDUCATION POLICY

Junior High School Athletics

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1. Seventh grade students may participate in interscholastic football providing they have a medical examination and are pronounced physically fit by a member of the medical profession, and have successfully passed the AAHPER Youth Fitness Test before they are permitted to participate in the interscholastic athletic program.
2. Eighth and ninth grade pupils who participate in interscholastic football must complete the AAHPER Youth Fitness Test with a passing score on five out of six tests; four tests must be completed with scores of "satisfactory" or better.
3. No games are to be played prior to Thursday of first week school is in session. Practice or scrimmage between schools is considered a game.
4. Junior high school football teams may have an organized or supervised conditioning program beginning on or after August 15 each year for the purpose of preparing boys for the opening of football practice. The use of football uniforms, protective equipment, tackling or blocking dummies, charging sleds, or similar devices is strictly prohibited. Football practice may begin one week later than the date specified for conditioning as indicated previously.
5. The Board of Education will provide, insofar as possible, adequate, safe practice fields for junior high schools.
6. No Kanawha County junior high school team may engage in any contest, meet, or tournament on Sunday. This rule shall also apply to Sunday practice.