

**MAY 2018 Fast & Fresh  
MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**KANAWHA COUNTY SCHOOLS**

<p>Chicken Salad on Croissant Garden Saled Crinkle Cut Fries Sun Chips Garden/Fruit Bar Milk &amp; Water</p>	<p>1 Chef's Salad w/ Egg, Diced Ham, Diced Turkey Assorted Dressing Homemade WG Croustons Blueberry Muffin Garden/Fruit Bar Milk &amp; Water</p>	<p>2 Crunchy Hawaiian Wrap Baked Chips Celery Sticks w/ Ranch Pineapple Tidbits Garden/Fruit Bar Milk &amp; Water</p>	<p>3 Grilled Chicken Sandwich Lettuce, Tomato, Onion Baked Beans Broccoli Salad Doritos Garden/Fruit Bar Milk &amp; Water</p>	<p>4 Chicken Caesar Salad w/ Tomatoes Assorted Dressing Banana Muffin Fresh Grapes Garden/Fruit Bar Milk &amp; Water</p>
<p>7 Ham &amp; Cheese Wrap Lettuce, Tomato Baby Carrots w/ Ranch Dip Potato Salad Garden/Fruit Bar Milk &amp; Water</p>	<p>8 NO SCHOOL</p>	<p>9 Grilled Chicken on Romaine Salad Cucumbers, Carrots, Green Peppers School Made WG Croustons Ranch Dressing Chocolate Chip Muffin Garden/Fruit Bar Milk &amp; Water</p>	<p>10 Corn Dog Baked Beans French Fries Carrot Sticks w/ Ranch Dressing Garden/Fruit Bar Milk &amp; Water</p>	<p>11 Turkey &amp; Cheese Sandwich Lettuce, Tomato, Onion Mannated Black Bean Salad Doritos Frozen Fruit Sidekick Garden/Fruit Bar Milk &amp; Water</p>
<p>14 Chicken Salad on Croissant Garden Salad Crinkle Cut Fries Sun Chips Garden/Fruit Bar Milk &amp; Water</p>	<p>15 Chef's Salad w/ Egg, Diced Ham, Diced Turkey Assorted Dressing Homemade WG Croustons Blueberry Muffin Garden/Fruit Bar Milk &amp; Water</p>	<p>16 Crunchy Hawaiian Wrap Baked Chips Celery Sticks w/ Ranch Pineapple Tidbits Garden/Fruit Bar Milk &amp; Water</p>	<p>17 Grilled Chicken Sandwich Lettuce, Tomato, Onion Baked Beans Broccoli Salad Doritos Garden/Fruit Bar Milk &amp; Water</p>	<p>18 Chicken Caesar Salad w/ Tomatoes Assorted Dressing Banana Muffin Fresh Grapes Garden/Fruit Bar Milk &amp; Water</p>
<p>21 Ham &amp; Cheese Wrap Lettuce, Tomato Baby Carrots w/ Ranch Dip Potato Salad Garden/Fruit Bar Milk &amp; Water</p>	<p>22 Double Cheeseburger On WG Bun Lettuce, Tomato, Onion Sun Chips Broccoli Salad Garden/Fruit Bar</p>	<p>23 Grilled Chicken on Romaine Salad Cucumbers, Carrots, Green Peppers School Made WG Croustons Ranch Dressing Chocolate Chip Muffin Garden/Fruit Bar Milk &amp; Water</p>	<p>24 Corn Dog Baked Beans French Fries Carrot Sticks w/ Ranch Dressing Garden/Fruit Bar Milk &amp; Water</p>	<p>25 Turkey &amp; Cheese Sandwich Lettuce, Tomato, Onion Mannated Black Bean Salad Doritos Frozen Fruit Sidekick Garden/Fruit Bar Milk &amp; Water</p>
<p>28 NO SCHOOL</p>	<p>29 Chef's Salad w/ Egg, Diced Ham, Diced Turkey Assorted Dressing Homemade WG Croustons Blueberry Muffin Garden/Fruit Bar Milk &amp; Water</p>	<p>30 Crunchy Hawaiian Wrap Baked Chips Celery Sticks w/ Ranch Pineapple Tidbits Garden/Fruit Bar Milk &amp; Water</p>	<p>31 Grilled Chicken Sandwich Lettuce, Tomato, Onion Baked Beans Broccoli Salad Doritos Garden/Fruit Bar Milk &amp; Water</p>	<p>1 Chicken Caesar Salad w/ Tomatoes Assorted Dressing Banana Muffin Fresh Grapes Garden/Fruit Bar Milk &amp; Water</p>

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